

## PATIENT DEMOGRAPHICS

Name:		Date of Birth//		
SS#:				
Address:				
City:	State:	Zip:		
Home Phone #:	Work #:	Cell #:		
Email:		Cell Carrier:		
What is the best way to contact you?	□Cell □Home □Email □Text Mes	sage		
Marital Status:	☐Single ☐Married ☐Divorced ☐Wido	wed _Partner		
Spouse/Partner Name:				
Emergency Contact Name:		Phone #		
Who may we thank for your referral?				
Occupation:				
Employer Name:				
Insurance				
Primary Card Holder		Date of Birth://		
Authorization to Release Information				
I hereby authorize Robin Stein DC PC (DBA Chiropractic Care of East Islip) to release any treatment information requested by attorneys, physicians, insurance companies, employers, healthcare providers, or any other entity which may be concerned with the payment of charges incurred for the treatment of services of the doctor.  Assignment of Insurance Benefits				
	ny provider. I am responsible for all servi	ces rendered by the clinic not covered		
by my insurance.				
Signature:		Date:		



#### NOTICE OF PRIVACY PRACTICES

#### Consent for Purposes of Treatment, Payment and Healthcare Operations

In this document, "I" and "my" refer to the patient, and "Chiropractor" refers to Robin Stein DC PC (DBA Chiropractic Care of East Islip)

I consent to the use or disclosure of my protected health information by Chiropractor for the purpose of analyzing, diagnosing or providing treatment to me, obtaining payment for my health care bills or to conduct health care operations of Chiropractor. I understand that analysis, diagnosis or treatment of me by Chiropractor may be conditioned upon my consent as evidenced by my signature below.

I understand that I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment or healthcare operations of the practice. Chiropractor is not required to agree to the restrictions that I may request. However, if Chiropractor agrees to a restriction that I request, the restriction is binding on Chiropractor.

I have the right to revoke this consent, in writing, at any time, except to the extent that Chiropractor has taken action in reliance on this consent.

My "protected health information" means health information, including my demographic information collected from me and created or received by my physician, another health care provider, a health plan, my employer or a health care clearinghouse. This protected health information relates to my past, present or future physical or mental health or condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I have been provided with a copy of the Notice of Privacy Practices of Chiropractor and understand that I have a right to review the Notice of Privacy Practices prior to signing this document. The Notice of Privacy Practices describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of health care operations of Chiropractor. The Notice of Privacy Practices for Chiropractor is always posted in the waiting room at 177 East Main Street, East Islip, NY 11730. This Notice of Privacy Practices also describes my rights and duties of the Chiropractor with respect to my protected health information.

Chiropractor reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by calling the office of Chiropractor and requesting a revised copy be sent to me in the mail or asking for one at the time of my next appointment.

Chiropractor uses a sign in sheet to check into appointment. You reserve the right to not sign on that board if you feel like your privacy is in question. Chiropractor will also use text messages and/or email if requested by you.

Signature: Date:	
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(Patient or Personal Representative)



#### INFORMED CONSENT FOR CHIROPRACTIC TREATMENT

The nature of chiropractic treatment: The doctor will use his/her hands or a mechanical device in order to move your joints. You may feel a "click" or "pop," such as the noise when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic ultrasound or traction may also be used.

**Possible risks:** As with any health care procedure, complications are possible following a chiropractic manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury, or stroke, could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or other minor complications.

**Probability of risks occurring:** The risks of complications due to chiropractic treatment have been described as "rare", about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury, or stroke, has been estimated at one in one million to one in ten million, and can be even further reduced by screening procedures. The probability of adverse reaction due to ancillary procedures is also considered "rare".

Other treatment options that could be considered may include the following:

- Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, and other side effects in a significant number of cases.
- Medical care, typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude
  of undesirable side effects and patient dependence in a significant number of cases.
- Hospitalization in conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.
- Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period in a significant number of cases.

**Risks of remaining untreated:** Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition, and make future rehabilitation more difficult.

I have read the explanation above of chiropractic treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and hereby give my full consent to treatment.

	Signature:	Date:
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## WORKERS' COMPENSATION HISTORY

Name:			Date of Birth/	/_ Sex:  Male Female
SS# (Required for I	Patient Portal):		☐Check if declining	]
Address:				
City:	State:		Zip:	
Workers Compens	sation Carrier:			
Carrier Name:				Phone #:
Carrier Address				
City:		State:		Zip:
Claim #				
Employer:				
Employer Name:				
Employer Address				
City:		State:		Zip:
Case Information				
Type of Business:			Occupation:	
Date of Injury			Time of injury:	
Are you out of work	ί?	□YES □NO	Last date worked:	
Previous workers c	omp injury:	□YES □NO		
Accident reported to	o employer?	□YES □NO	Name of person rep	ported injury to:
Injury address:	Location:			
	City:		State:	Zip:
Length of employm	ent prior to injury:			
Type of work being	done at time of injur	y:		

#### **Case Information**

In your own words, please describe the accident:					
Have you been trea	ated by another docto	or for this accident?		□YES □NO	
If yes, please list do	octor(s) information:				
	Name			Specialty:	
	Address:				
	City		State:	ZIP:	
	Name			Specialty:	
	Address:				
	City		State:	ZIP:	
	Name			Specialty:	
	Address:				
	City		State:	ZIP:	
Are you currently:		☐ Improved	☐ Unchanged	☐ Getting Worse	
What medication ar	re you currently takin	g for this injury?		Improvement?	
	Medication #1			□YES □NO □DO	WON'T KNOW
	Medication #2			□YES □NO □DO	WONX T'NC
	Medication #3			□YES □NO □DO	WON'T KNOW
	Medication # 4			□YES □NO □DO	WONX T'NC
Have you had phys	ical therapy/chiropra	ectic?		□YES □NO	
	Frequency:	x/week	□Weekly	☐Monthly	□Other
	Improvement:	□YES □NO □D	ON'T KNOW		





IOD	1100	Ari	ntı	n
Job	DE2			

In terms of an 8 hour workday, "Occasionally" means 33%, "Frequently means 34%-66% and "Continuously" means 67%-

#### In a typical 8 hour work day, I (circle # of hours/activity)

Sit	1	2	3	4	5	6	7	8 Hours
Stand	1	2	3	4	5	6	7	8 Hours
Walk:	1	2	3	4	5	6	7	8 Hours

#### On the job, I perform the following activities:

	NOT AT ALL	OCCASIONALLY	FREQUENTLY	CONTINUOUSLY
Bend/Stoop				
Squat				
Crawl				
Climb				
Reach above shoulder				
Crouch				
Kneel				
Balancing				
Pushing/Pulling				

#### On the job, I lift:

	NOT AT ALL	OCCASIONALLY	FREQUENTLY	CONTINUOUSLY
up to 10 pounds				
11-24 pounds				
25-34 pounds				
35-50 pounds				
51-74 pounds				
75-100 pounds				

#### **Job Description**

Do you bend over v	Do you bend over while doing any lifting?					
Are your feet used	for repetitive movem	ents, such as operat	ing foot controls?		□YES □NO	
Do you use your ha	ands for repetitive ac	tions such as:	Simple Grasping	Firm Grasping	Fine Manipulation	
		Left Hand	□YES □NO	□YES □NO	□YES □NO	
		Right Hand	□YES □NO	□YES □NO	□YES □NO	
Are you required to	work on unprotected	d heights?				
□YES □NO	If yes, describe:					
Are you required to	be around moving n	nachinery?				
□YES □NO	If yes, describe:					
Are you exposed to	marked changes in	temperatere and hui	midity?			
□YES □NO	If yes, describe:					
Are you required to	drive automotive eq	uipment?				
□YES □NO	If yes, describe:					
Are you exposed to	dust, fumes and/or	gases?				
□YES □NO	If yes, describe:					
Prior to this accider	nt, have you had any	physical complaints	similar to what you h	nave know?	□YES □NO	
If yes, please descr	ribe:					
Were these similar	complaints the resul	t of a previous accide	ent?		□YES □NO	
If yes, please descr	ribe:					
Have you had any o	other serious accider	nts which required m	edical care?		□YES □NO	
If yes, please descr	ribe					

#### **Job Description**

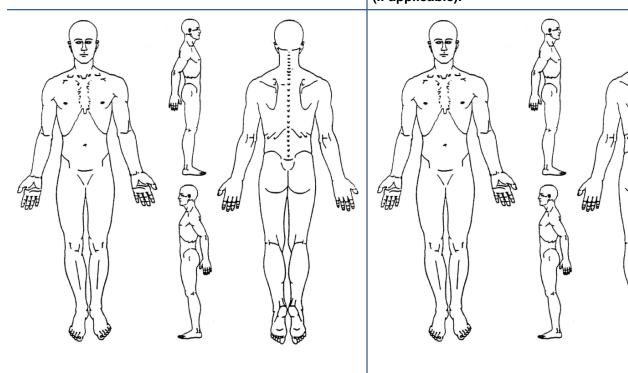
Have you had any serious illness that required hospitalization?					□YES □NO
If yes, please descr	ribe:				
Have you had any surgeries? □YES □NO					□YES □NO
Date:	Procedure:				
Date:	Procedure:				
Date:	Procedure:				
Date:	Procedure:				
Have you had any i	nervous or mental illı	ness:			□YES □NO
Have you had psyc	hiatric care?				□YES □NO
Have you received	a medical discharge	from the Armed Ford	ces?		□YES □NO
If you have returned to work since the accident, please fill out the information below					
Date:	Employer	•			





### Please draw the location of your primary complaint.

# Please draw the location of your secondary complaint (if applicable).



#### Pain Scale: Please circle the number that describes your pain. Zero = no pain, 10 = worst pain possible

Primary Complaint		Secondary Complaint
Current Pain Level:	0 1 2 3 4 5 6 7 8 9 10	Current Pain Level: 0 1 2 3 4 5 6 7 8 9 10
Average Pain Level:	0 1 2 3 4 5 6 7 8 9 10	Average Pain Level: 0 1 2 3 4 5 6 7 8 9 10
Pain at Best:	0 1 2 3 4 5 6 7 8 9 10	Pain at Best: 0 1 2 3 4 5 6 7 8 9 10
Pain at Worst:	0 1 2 3 4 5 6 7 8 9 10	Pain at Worst: 0 1 2 3 4 5 6 7 8 9 10

<b>Primary Compliant</b>				Secondary Comp	olaint		
Frequency:  Constant (76-100% of the day)  Frequent (51-75% of the day)  Occasional (26-50% of the day)  Intermittent (1-25% of the day)			Frequency:  Constant (76-100% of the day) Frequent (51-75% of the day) Cocasional (26-50% of the day) Intermittent (1-25% of the day)				
When does it feel wo Morning Afternoon Evening Night	orse?	When does it feel better?  Morning Afternoon Evening Night		When does it feel  Morning  Afternoon  Evening  Night	worse?	When does it feel better?  Morning  Afternoon  Evening  Night	
What makes your particle better? Sitting Standing Lying Sleeping Ice	uin	☐Heat ☐Stretching ☐Medication ☐Activity ☐Other		What makes your better? Sitting Standing Lying Sleeping	pain	☐Heat ☐Stretching ☐Medication ☐Activity ☐Other	
What makes your paworse? Sitting Standing Lying Sleeping Ice	iin	☐Heat ☐Stretching ☐Medication ☐Activity ☐Other		What makes your worse?  Sitting Standing Lying Sleeping Ice	pain	☐Heat ☐Stretching ☐Medication ☐Activity ☐Other	
Previous Imaging							
Test		Date	Bod	y Part	Hospital/F	acility	
X-Ray [	Y						
MRI [	Y						
CT Scan	Y						
Nerve Testing [	Y						

General Medical Questic	onnaire						
Have you ever had any of	the following						
Asthma/Breathing Probler	ns	$\square Y \square N$	Heart Disease/Disorder	$\square Y \square N$			
Arthritis		$\square Y \square N$	Lung Disorder	$\square Y \square N$			
Bleeding/Clotting Disorder	r	$\square Y \square N$	Liver Disease	$\square Y \square N$			
Blood Pressure Disorder		$\square Y \square N$	Neurological Disorder/Chronic Headaches	$\square$ Y $\square$ N			
Bowel/Stomach Problems		$\square Y \square N$	Psychiatric Disorder/Illness	$\square Y \square N$			
Cancer		$\square Y \square N$	Pulmonary Embolism/DVT	$\square$ Y $\square$ N			
Cholesterol Disorder		$\square Y \square N$	Stroke	$\square$ Y $\square$ N			
Diabetes		$\square$ Y $\square$ N	Seizure or Epilepsy	$\square$ Y $\square$ N			
Eye Disorder		$\square Y \square N$	Thyroid Disorder	$\square Y \square N$			
Gynecological Issues		□Y □N	Urinary/Kidney Disorder	□Y □N			
Medications: Please indic	cate all medication	ıs you are takin	g for other conditions not related to your accid	lent			
Medication:			Dosage:				
Allergies: Do you suffer from any of the following allergies?							
Medication	□Y □N						
Food	$\square Y \square N$						
Environment	$\square$ Y $\square$ N						

No known allergies

Social History	Social History: please mark all that apply									
Smoking	Never	Forme	r	Daily		Occasion	al			
Alcohol	□None	_Cası	ual	□Moderat	e	⊟Heavy		Beer		Wine
Caffeine	□None	<3 p	er day	_3-6 per 6	day	>6 per	day			
Drug Use	Recreation	□Addi	ction							
Exercise	□Never	□Daily	1	□Weekly		Walk		]Run		□Swim
Primary Language	∐English	∐Spar	nish	□Other:						
Race	□White	☐Afric	an Americ	an		∐Asian		]Decline		
Who do you liv	ve with?:									
Please indicate any major conditions/illnesses that your immediate family members have had:										
Relative	Condition and	d Description	on			Livir	ng?	If dece	ased, a	t what age?
Mother						□Y	□N			
Father						$\Box Y$	$\square$ N			
Sibling						$\Box Y$	$\square N$			
Other						$\Box Y$	$\square N$			
Women Only										
Any Past Pregr	nancies?	Y	How m	anv?			low many	deliveri	es?	
-		YN		-	weeks:	•	iow many	aonvon		
Are you currently pregnant?										
Review of Syste	Review of Systems: Please indicate ALL that apply									
Constitutional										
☐Y ☐N Fever			eeling Poo	orly		Weight L			_N Oth	ner
☐Y ☐N Chills			weats	_			eight Change	9		
☐Y ☐N Fatiguary	ıe	□Y □N V	Veight Gai	in [	]Y	Sleep Dis	turbances			
Head, Eyes, Ears, Nose, and Throat										
☐Y ☐N Vision	Problems	□Y □N F	Red Eyes		]Y □N	Congest	ion	_Y [	_N Hoa	ırsness
□Y □N Heari	ing Loss	□Y □N E	ye Pain		Y □N	Snoring		□Y [	_N Rino	ging in Ears
□Y □N Doub	le Vision	□Y □N F	Runny Nos	se 🗆	]Y □N	Dry Mou	ıth	□Y [	_N Vert	tigo

Head, Eyes, Ears, Nose, and Throat						
☐Y ☐N Light Sensitivity	☐Y ☐N Neck Stiffness	☐Y ☐N Flu-like Symptoms	☐Y ☐N Ear Ache			
☐Y ☐N Itchy Eyes	☐Y ☐N Nose Bleed	☐Y ☐N Sore Throat	☐Y ☐N Other			
Cardiovascular						
☐Y ☐N Chest Pain	☐Y ☐N Leg Swelling		☐Y ☐N Irreg Heart Rhythm			
☐Y ☐N Palpitations	☐Y ☐N Cold Extremities	☐Y ☐N Leg Pain w/ Walking	□Y □N Other			
Respiratory						
☐Y ☐N Shortness of Breath	☐Y ☐N Rapid Breathing	☐Y ☐N Chest Congestion	☐Y ☐N Coughing up Sputum			
☐Y ☐N Cough	☐Y ☐N Wheezing	☐Y ☐N Coughing up Blood	☐Y ☐N Other			
Gastrointestinal						
☐Y ☐N Abdominal Pain	□Y □N Diarrhea	☐Y ☐N Change in Bowels	☐Y ☐N Painful Swallowing			
☐Y ☐N Blood in Stool	☐Y ☐N Black/Tarry Stools	☐Y ☐N Vomiting Blood	☐Y ☐N Other			
☐Y ☐N Vomiting	☐Y ☐N Decreased Appetite	☐Y ☐N Bowel Incontinence				
□Y □N Nausea	☐Y ☐N Yellow Skin	□Y □N Rectal Pain				
☐Y ☐N Constipation	☐Y ☐N Trouble Swallowing	□Y □N Heartburn				
Neurological						
☐Y ☐N Headache	☐Y ☐N Unsteady	☐Y ☐N Numbness	☐Y ☐N Tremor			
☐Y ☐N Dizziness	☐Y ☐N Disorientation	☐Y ☐N Tingling	Y N Memory Lapses/Loss			
☐Y ☐N Decreased Strength	☐Y ☐N Confusion	☐Y ☐N Seizures	☐Y ☐N Other			
☐Y ☐N Poor Coordination	☐Y ☐N Burning Sensation	☐Y ☐N Fainting (Syncope)				
Musculoskeletal						
☐Y ☐N Joint Pain	☐Y ☐N Limb Pain	☐Y ☐N Muscle Pain	☐Y ☐N Other			
☐Y ☐N Neck Pain	☐Y ☐N Joint Swelling	☐Y ☐N Muscle Weakness				
☐Y ☐N Back Pain	☐Y ☐N Muscle Cramps	☐Y ☐N Leg Swelling				
Genitourinary						
	☐Y ☐N Pelvic Pain	☐Y ☐N Painful Intercourse	☐Y ☐N Heavy Period Bleeding			
☐Y ☐N Incontinence	□Y □N Nocturne		□Y □N Other			

Genitourinary			
☐Y ☐N Urinary Urgency		☐Y ☐N Vaginal Bleeding	
☐Y ☐N Painful Urination	☐Y ☐N Change in Libido	☐Y ☐N Irreg Monthly Cycle	
Integumentary			
☐Y ☐N Rash	☐Y ☐N Skin Wound	☐Y ☐N Unusual Growth	☐Y ☐N Skin Cancer
☐Y ☐N Dry Skin	☐Y ☐N Change in a Mole	☐Y ☐N Itching	☐Y ☐N Other
Psychiatric			
Y	☐Y ☐N Anxiety	☐Y ☐N Other	
Hematalogical/Lymphatic			
☐Y ☐N Easy Bruising	☐Y ☐N Easy Bleeding	☐Y ☐N Swollen Lymph Nodes	☐Y ☐N Other
Endocrine			
☐Y ☐N Excessive Thirst	☐Y ☐N Heat Intolerance	☐Y ☐N Changes to Skin	
☐Y ☐N Cold Intolerance	☐Y ☐N Changes - Hair	☐Y ☐N Other	
OFFICE USE ONLY: Provide	Date:		